2009年3月現在

•New Caledonia	•Auckland	•Samoa	•Honolulu •Tahiti	•Anchorage	•Vancouver •Los Angeles	•Denver •Yellowknife	•Chicago •Mexico City	•New York •Lima	•Santiago	•São Paulo •Buenos Aires
+2	+3	-20	-19	-18	-17	-16	-15	-14	-13	-12
02:00	03:00	04:00	05:00	06:00	07:00	08:00	09:00	10:00	11:00	12:00
04:00	05:00	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00
06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00
08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00
10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00
12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00
14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00	23:00	24:00
16:00	17:00	18:00	19:00	20:00	21:00	22:00	23:00	24:00	01:00	02:00
18:00	19:00	20:00	21:00	22:00	23:00	24:00	01:00	02:00	03:00	04:00
20:00	21:00	22:00	23:00	24:00	01:00	02:00	03:00	04:00	05:00	06:00
22:00	23:00	24:00	01:00	02:00	03:00	04:00	05:00	06:00	07:00	08:00
24:00	01:00	02:00	03:00	04:00	05:00	06:00	07:00	08:00	09:00	10:00

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