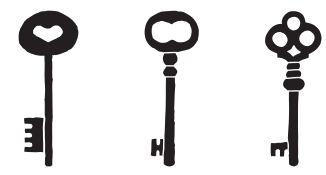




# How Multi-Year Diary Gate has won hearts for 10 years

Three / Five / Ten  
YEAR DIARY





## Look back on who you were in past years

As you fill in this Multi-Year Diary, you can look back on your own personal story over 3, 5, or 10 years — it may be more dramatic than you think. Over the years, you'll create an irreplaceable book with all the emotions.



## How to use Multi-Year Diary Gate

From how you get started to what you write, you make the rules!

Example: 1

Record the temperature and what you wore each day

### What inspired you to keep a diary?

I decided to record this because I like fashion and putting together great outfits. This is very helpful for me because sometimes I don't know what to wear or I don't dress warmly enough.

### What do you write about and when/where?

My diary time is at night, 10 minutes before going to bed. I find it useful to record the day's temperature and weather together. I also record my impressions of any new discoveries I make, such as color or pattern combinations.



Yuka  
Cosmetics company

I make a note of my favorite makeup to capture the changes in seasons.

Example: 2

Diary of daily events

### What inspired you to keep a diary?

Children grow up so fast, so I wanted to keep a record of how the children change each day. I treasure the memories I have with the children.

### What do you write about and when/where?

I write a diary of what happened during playtime with the children, as well as events held at the kindergarten. Since it's just a few lines of every day when I get home, it's easy to keep up with it.



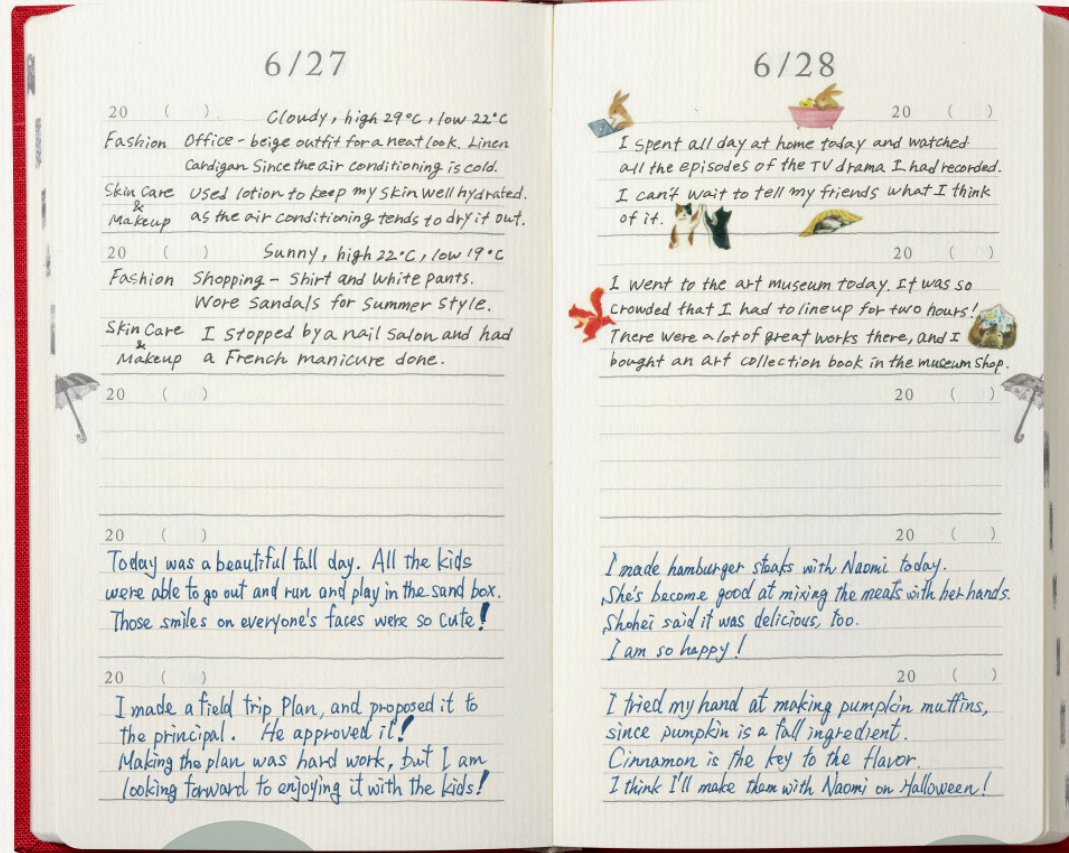
Manami  
Kindergarten teacher

Just a simple note about things that happened at the kindergarten will leave me with memories of the kids."

Each date has its own page, containing every year so that you can look back on what you did in past years —

what you ate, what books you read, what you did for fun, and all those little things.

The more you fill in, the more fun it becomes to look back.



Example: 3

Enjoying decorations

### What inspired you to keep a diary?

When I had nothing to write, I put stickers on the page to fill in the blanks, and it turned out so cute that I've been enjoying diary decorations ever since.

### What do you write about and when/where?

The "Sticker Daily Records" are very easy to use with a wide variety of designs. I put many of my favorite stickers in my diary and get absorbed in decorating it.

I love the stickers made of Japanese washi paper—they go well with the diary paper.



Momoko  
Office worker

Example: 4

Dinner menu and impressions

### What inspired you to keep a diary?

It was hard for me to decide what to make my family for dinner every day, and I wanted to compile a record of past dishes that would give me some ideas. Past menus have been helpful and informative.

### What do you write about and when/where?

I write about what we ate, and what my family thought of the dishes. I can look at things like what foods were in season, or if my daughter's tastes have changed.

I also recommend writing about your hobbies.



Rie  
Housewife  
(Her hobby is cooking with her daughter.)

## Message from the producer of Multi-Year Diary Gate

It has been 10 years since the Multi-Year Diary Gate was released—10 years of people enjoying this diary. It is difficult to keep a diary every day, and there are probably many people who have tried to keep a diary but failed. This diary becomes a part of your life because you keep for 3, 5, or 10 years. You write a little every day each year and eventually you have an irreplaceable book of memories to look back on later.

Writing every day can be difficult. On some days, you might not be able to write anything. On some days, your handwriting might be a mess because of your emotions at the time. On some days, you might only write a few words. But all of those days will be treasured memories when you read your diary later. Like me, I feel that many people start a diary because of a change in their environment or a crossroad in their lives. Here are some examples of how people are using the Multi-Year Diary Gate. I hope they will be that final push for those who are thinking of starting a diary.

The Multi-Year Diary Gate is full of ideas to help you greet each day with a positive attitude. As you turn to each month, a new door appears, giving you a pleasant feeling of moving forward. The motifs in the index capture each season. It is a small detail that I like very much.

Lastly, while writing in a diary is more involved than typing something out, I think the great thing about handwritten diaries is that, unlike typing, they allow you to preserve the feelings and atmosphere of each moment. I encourage everyone to spend some time writing by hand in Multi-Year Diary Gate—it's fun, and you'll feel a sense of accomplishment when you finish the whole book.



## Multi-Year Diary Gate range

In this Multi-Year Diary, each date has its own page containing every year.

What did you do one year ago? Three years ago?

The more you continue, the more fun it becomes.

**3-  
Year**



〈 3-Year Diary Gate Brown 〉

**5-  
Year**



〈 5-Year Diary Gate Red 〉

**10-  
Year**



〈 10-Year Diary Gate Navy 〉



〈 3-Year Diary Gate Light Blue 〉



〈 5-Year Diary Gate Black 〉



〈 10-Year Diary Gate Dark Red 〉

**Diary Page**

366 pages(lined)  
MD PAPER

**Cover**

Cloth, Gold-foil stamping

**Bookbinding**

Thread stitching

**Diary Page**

366 pages(lined)  
MD PAPER

**Cover**

Cloth, Gold-foil stamping

**Bookbinding**

Thread stitching

**Diary Page**

732 pages(lined)  
MD PAPER

**Cover**

Cloth, Gold-foil stamping

**Bookbinding**

Thread stitching